Abstract

The press, as well as radio and television have been reporting of a wave of sickness that sweeps through Germany. Millions of people complain of all kinds of nervous disorders and of a new common illness, called "burnout syndrome". Even though the term "epidemics" is used, there is no due search for the causes. Instead, these symptoms are attributed to "stress" and "imagination". The extent of these health complaints, however, which according to a survey in 2014 affected 82% of the population, defies such an explanation and points to a genuine cause.

Particularly the “burnout syndrome epidemic” with people having to take early retirement, as well as the huge number of depressions, sleep disorders and headaches (even among children) call for a systematic investigation. In doing so, all environmental factors need to be examined, in particular new technologies. The biggest change to the environment in recent decades has been the now ubiquitous radiofrequency radiation of mobile telephony. It penetrates everywhere 24 hours a day and reaches everybody. Therefore, it needs to be included. All the more, since there is sufficient scientific evidence to suggest that constant non-ionizing radiation is generally able to affect the central nervous system, as well. The epidemic-like spread of nervous symptoms has occurred at the same time as the roll-out of mobile telephony. Consequently, this could be largely interpreted as an indication of an electrosensitive irritation (Please also see Budzinski/Kühling, "White zones", free from mobile phone coverage – unrealistic or required by law? NvwZ 2014, 1410/1411 – also available in English and French).

For this reason, the “fact sheet no. 296” of the WHO of 2005 is obviously out of date. It denies any such "genuine" effect of radiofrequency radiation below the legal limits and therefore consigns countless people to psychiatric care. In the case of further inaction on the part of public health bodies, environmental associations consequently need to plan legal action against the government, demanding precautionary regulations and protective measures.